

ALKATHON 2018

An AA event with Al-Anon Participation

*December 24th - 25th &
December 31st - January 1st*

For food and financial contributions, to volunteer or to register your group to host a meeting, please visit alkathon.ottawaaa.org or email alkathon@ottawaaa.org



*Carry
the
Message*

Bronson Centre | Ottawa, Ontario

ALKATHON

alkathon.ottawaaa.org

The Alkathon provides a safe and sober environment for the new and still suffering alcoholic over Christmas and New Year's.

Location: Bronson Centre – 211 Bronson Avenue, Ottawa, ON K1R 6H5

Dates & times: December 24 and 25 noon to noon (24 hours)

December 31 and January 1 noon to noon (24 hours)

Join our Committee:

Committee meetings will be held at 1:00 PM at the Bronson Center (211 Bronson Avenue), Room 109 on the following dates: Nov 4th, Nov 18th, Dec 2nd, Dec 9th, Dec 16th and Dec. 23rd.

How Can Your Group Help?

Host a Meeting

Meetings bind us together and share our message of hope! There will be a total of 40 group sponsored AA meetings at this year's Alkathon. If your group would like to chair a meeting, please contact us with (1) the name of your group, (2) the type of meeting (Speaker / Discussion) and (3) the holiday (Christmas or New Year) you would like to be considered for. A lottery will be held after our December 2nd meeting to finalize the schedule. **Please email us at alkathon@ottawaaa.org.**

Contribute Funds

Your financial assistance ensures our expenses are covered. All excess funds are dispersed to Intergroup and Districts after the event. Group and individual contributions are accepted. Cheques should be made out to *Ottawa Area Alkathon* and may be mailed to or dropped off at the Intergroup office (c/o Bronson Centre, 211 Bronson Avenue, Room 108, Ottawa, ON K1R 6H5) or you may contact us to make alternate arrangements.

Donate Food

We appreciate food donations. If possible, please let us know in advance if you are bringing any big ticket items such as cooked and carved hams and turkeys (not stuffed, no raw items), mashed potatoes, cooked vegetables, salads and sandwiches. Desserts are always welcome! Food may be delivered from 9 am onwards on Christmas and New Year's Eve.

Volunteer

What makes the Alkathon amazing is not the venue or the food but the people! Volunteers are part and parcel of what make our annual event a spiritual experience for many people – be a 12-Step volunteer, coffee-maker, clean-up crew, kitchen or serving help, security, or a greeter! So please round up some volunteers at your home group – gather names, email and phone numbers and note the desired volunteer positions. **Please email us at alkathon@ottawaaa.org** with your list of volunteers.

Contact Us

Visit alkathon.ottawaaa.org to use our online form to volunteer or to register your group for the meeting lottery. Alternatively, or to make a contribution, email alkathon@ottawaaa.org.