

# OUR PRIMARY PURPOSE

STORIES, NEWS AND INFORMATION FROM OUR FELLOWSHIP IN THE NATIONAL CAPITAL REGION



**TRUDGING THE  
ROAD OF HAPPY  
DESTINY  
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**AN EARLY  
BIRD HISTORY  
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**RECOVERY &  
SERVICE  
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## OTTAWA INTERGROUP OFFICE

211 Bronson Avenue, Suite 108

Ottawa, Ontario, K1R 6H5

Open for Literature Sales

Mon - Fri 10:00 am - 4:00 pm

(Subject to volunteer availability—

Call in advance)



### GENERAL INFORMATION

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Article submission deadline is

last day of previous month

for following month

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# SERVICE CALENDAR

No matter how much sobriety you have, find out how you can help and be a part of the greater whole. All AA members are welcome to attend any of the following committees:

- OTTAWA INTERGROUP MONTHLY MEETING .....Second Wednesday (7:00 pm)  
(Bronson Centre, 211 Bronson Avenue - Mac Hall)
- DISTRICT 54 MEETING ..... First Thursday (7:30 pm)  
(Overbrook Community Centre, 33 Quill Street)
- DISTRICT 58 MEETING ..... Second Monday (7:00 pm)  
(Bronson Centre, 211 Bronson Avenue - Room 106)
- DISTRICT 62 MEETING ..... Second Monday (7:30 pm)  
(All Saints Church, 347 Richmond Road - rear entrance)
- CORRECTIONS FACILITIES AND TREATMENT ..... Fourth Tuesday (6:30 pm)  
(Bronson Centre, 211 Bronson Avenue - Intergroup Office)
- PUBLIC INFORMATION ..... Third Monday (6:30 pm)  
(Bronson Centre, 211 Bronson Avenue - Room 108)
- COOPERATION WITH PROFESSIONALS..... Third Monday (6:30 pm)  
(Bronson Centre, 211 Bronson Avenue - Room 108)
- OTTAWA ARCHIVES..... Third Wednesday (7:00 pm)  
(Bronson Centre, 211 Bronson Avenue - Room 108)
- ALKATHON COMMITTEE .....Sunday (1:00 pm)  
(Bronson Centre, 211 Bronson Avenue - Intergroup Office) Dec 17

Is your AA Group's meeting information correct on **ottawaaa.org**?

Please send all updates as well as temporary closures to Ottawa Intergroup at **info@ottawaaa.org**.

If your group needs insurance, please contact Ottawa Intergroup at **info@ottawaaa.org** to discuss.

## EDITOR'S STATEMENT

"Our Primary Purpose" publishes articles that reflect the full diversity of experience and opinion found within the Fellowship of Alcoholics Anonymous. In determining content, the editor relies on the principles of the Twelve Traditions. "Our Primary Purpose" values the shared experience of individual AA members working the AA program and applying the principles of the Twelve Steps. Seeking neither to gloss over difficult issues nor to present such issues in a harmful or contentious manner, "Our Primary Purpose" tries to embody the widest possible view of the AA Fellowship.

The editor of "Our Primary Purpose" reserves the right to accept or reject material for publication, based on the AA traditions. (We note that this policy is consistent with that of the AA Grapevine.)

Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by either Alcoholics Anonymous or Ottawa Area Intergroup. Submissions are always welcome.

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# RECOVERY THROUGH SERVICE

## BY ANONYMOUS

I entered the rooms of Alcoholics Anonymous last year after nearly a decade of trying to find recovery. When I walked into my first meeting, I was afraid and I felt alone. I didn't feel as though I deserved help, in fact, I believed that I was beyond help. Despite this, my desperation to get better brought me to the rooms as a participant rather than as a spectator. It wasn't my first time attending an AA meeting, but this time I wasn't there to simply placate a friend or a loved one.

Walking into a foreign environment is a daunting task. As many others who came before me, I walked in feeling as though I were walking into an interrogation. I had the look that so many newcomers have, that shocked look of a deer in headlights. I wanted to be there but I felt as though I did not belong. I was afraid of being judged. What if you guys regarded me in the same way that I did myself, with loathing, pity and resentment?

That feeling did not last long. Service work takes many forms, it does not need to be a complicated thing and I had my first experience of service at my first real meeting. I was approached by members of the group that would eventually become my home group. I was approached without judgment, I was treated as a peer and I was able to relate to the people talking to me. Seemingly small gestures have the potential to change lives. I was in despair and somebody took the time from their day to introduce themselves and to actually remember my name. I felt as though I mattered.

These small acts of service keep our fellowship strong and help people find recovery. I haven't forgotten the people who, acting in

service, helped me find sobriety and helped me save my life. I am more comfortable in my sobriety now so I am able to contribute to AA in many different ways. I have taken on many different service roles. I have set up meetings, chaired meetings, done readings, handed out chips, made coffee, spoken at celebrations, spoken at detox. I am a literature rep for my home group, I have served on a committee and I regularly attend my business meetings. I do these things not because I have to, but because they are an important part of my own recovery. They help me stay sober. Acts of altruism allow me to focus on the needs of a larger group of people, not just my own needs. They help me feel connected and help build a sense of community. They have given me a sense of purpose, something that was lacking in my life for a very long time.

I have extended this mentality to my life outside of Alcoholics Anonymous. I consider somebody's time to be the greatest gift one can give and it is my privilege to offer my time to two different community organizations as well as Alcoholics Anonymous. I'm trying to live life doing the next right thing and if I can affect positive change in other people's lives, as well as my own I am going to take every opportunity to do so.

Of all of the acts of service that I have had the opportunity to take part in, my favorite and in my opinion the most important, is to be that person standing by the door welcoming people. I may be the first face that somebody sees as they're walking in to their very first meeting. I get to be the person who offers a glimmer of hope that recovery is possible and that regardless of a person's circumstances, they are welcome and deserving to be at a meeting. This is a gift of sobriety, giving to others what was so freely given to me. It has been said that service keeps you sober and I can certainly attest to this fact. My first year in recovery with AA has been far easier than I thought possible mostly because I am able to stay connected through my service to this program.



# TRUDGING THE ROAD OF HAPPY DESTINY

## BY THE EDITOR

*Abandon yourself to God as you understand God. Admit your faults to Him and to your fellows. Clear away the wreckage of your past. Give freely of what you find and join us. We shall be with you in the fellowship of the spirit, and you will surely meet some of us as you trudge the road of happy destiny.*

The above paragraph occurs on p. 164 of *Alcoholics Anonymous*, aka the *Big Book*. It's the last full paragraph before the stories begin. It's also my favorite passage in all of the AA literature. I first heard it at Vanier Early Birds in my first 24 hours of sobriety and it made an immediate impression on me.

I love "Clear away the wreckage of your past" which is a wonderful turn of phrase and a perfect description of what I felt I needed in my first days of sobriety. The paragraph talks about the importance of helping others, "Give freely of what you find", and even in my early days I had figured out the importance of this to recovery. The phrase "join us" let me know that I could be a part of this group and I could have what I was seeing and hearing in my fellow alcoholics. I even like the "as you understand God" phrase. As an atheist, I feel that phrase (usually) gives me enough wiggle room to grit my teeth and remain in the program when meetings take on a religious tone. My "God" is some combination of my AA friends, The Ramones and Tom Brady.

But there is one word in that paragraph which I irrationally despise. It's "trudge". The word "trudge" means "walk slowly and with heavy steps, typically because of exhaustion or harsh conditions". You trudge through snow as the poor souls on the cover are doing. You trudge through a swamp like Humphrey Bogart pulling *The African Queen*. You do NOT trudge the road of happy destiny.

On an intellectual level, I realize how silly it is that this annoys me so much. But that doesn't change the fact that I still grumble every time the reader at a meeting gets to that word. Back in early sobriety when Vanier Early Birds was my homegroup, I had the meeting script on my computer and I changed the word "trudge" to "walk". I figured most people wouldn't notice or if they did, they wouldn't care. (Also, I confess I was being a wise-ass, one of my more frequently recurring character defects.) Boy was I wrong. That change lasted one meeting.

But is it really the wrong word? I've been thinking about this lately, usually while trudging to the bus stop through all the snow and ridiculous cold we've been having lately. Maybe it isn't. If there is anyone capable of turning a walk on the road of happy destiny into a trudge, it's an alcoholic.

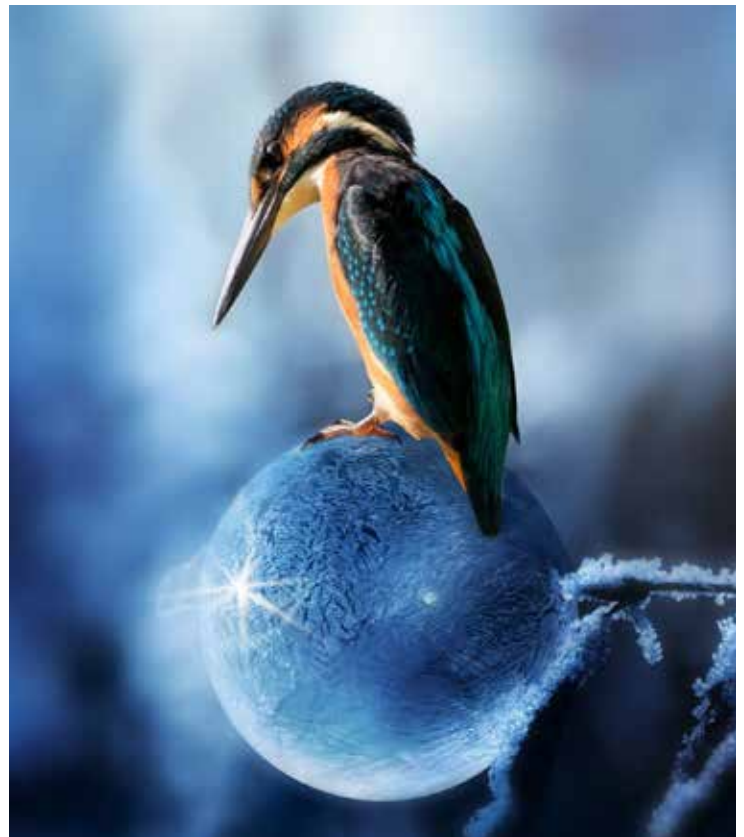
I sometimes talk to newcomers who have similar feelings as I do about the God/higher power parts of the literature. When discussing Step 3 (*Made a decision to turn our will and our lives over to the care of God as we understood him.*), I tell them that if the God

talk at the end of the step bothered them, then the words to focus on in Step 3 are the words at the beginning. The key thing is to make a decision. Every day we alcoholics need to make a decision, we need to decide whether to stay on the path to recovery or give up and slide back down into the pit of our addiction to alcohol. We know that in recovery lies contentment and well-being as we've witnessed in the recovering alcoholics all around us. We know that our addiction to alcohol causes nothing but misery both for ourselves and our loved ones. Yet we have to make this decision over and over. When new to recovery we may need to make this decision many times per day. Every time we walk past a pub or see a beer commercial or smell red wine (one of my worst triggers), we have to make this decision again.

Yet to "normal" people (muggles, as one of my friends calls them), this seems an obvious and simple decision and certainly not one that needs to be frequently revisited. It's like we're on a game show where you have to pick what's behind Curtain #1 or Curtain #2. But unlike on most game shows we know in advance what's behind the curtains. Behind Curtain #1 is A NEW CAR. Behind Curtain #2 you get hit in the head with a sledgehammer. Any sensible person will make this decision rather quickly. I picture an alcoholic wondering about what kind of mileage the car gets and whether it comes in any color besides blue.

It's this inability to simply accept the wonderful thing staring us in the face that would lead us to trudge the road of happy destiny. Do I think the writers of the Big Book had all this in mind when they wrote that paragraph? Probably not. They probably just picked the wrong word.

Now if you'll excuse me, I have some trudging to do.



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# *Some Thoughts on Destiny*

Your beliefs become your thoughts,  
Your thoughts become your words,  
Your words become your actions,  
Your actions become your habits,  
Your habits become your values,  
Your values become your destiny.

-Mahatma Gandhi

Love is our true destiny. We do not find the meaning of life by ourselves alone - we find it with another.

-Thomas Merton

What we call our destiny is truly our character and that character can be altered. The knowledge that we are responsible for our actions and attitudes does not need to be discouraging, because it also means that we are free to change this destiny.

-Anais Nin

I have noticed that even those who assert that everything is predestined and that we can change nothing about it still look both ways before they cross the street.

-Stephen Hawking

Both destiny's kisses and its dope-slaps illustrate an individual person's basic personal powerlessness over the really meaningful events in his life: i.e. almost nothing important that ever happens to you happens because you engineer it. Destiny has no beeper; destiny always leans trenchcoated out of an alley with some sort of Psst that you usually can't even hear because you're in such a rush to or from something important you've tried to engineer.

-David Foster Wallace

Each man had only one genuine vocation - to find the way to himself...His task was to discover his own destiny - not an arbitrary one - and to live it out wholly and resolutely within himself.

-Hermann Hesse

Affliction is often that thing which prepares an ordinary person for some sort of an extraordinary destiny.

-C.S. Lewis

It is not in the stars to hold our destiny but in ourselves.

-William Shakespeare

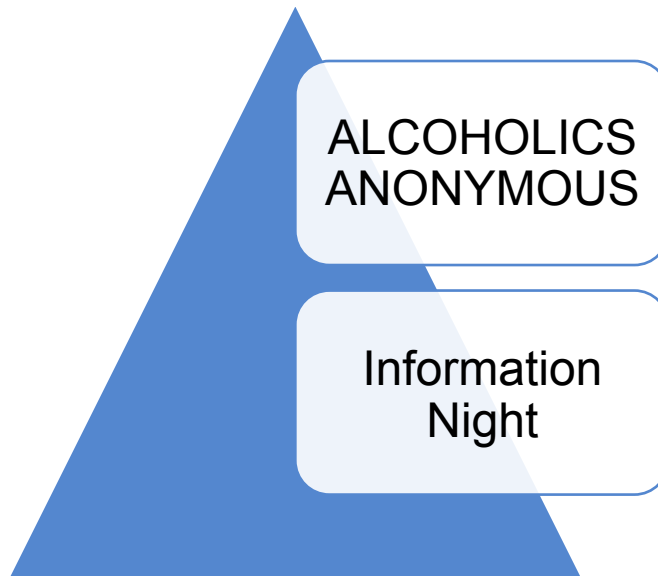
All you gotta do to change your destiny is to find fate when fate is in a pleasant mood.

-Sun Ra

# COOPERATION WITH THE PROFESSIONAL COMMUNITY COMMITTEE

PRESENTS

## BRING A PROFESSIONAL



**Monday, February 12, 2018 at 6 p.m.**

**All-Saints Church, 347 Richmond Rd.**

Members of AA – Bring your doctor, lawyer, accountant, dentist, your co-workers, any professional you know who may come into contact with someone who has a problem with alcohol or has been affected by someone’s drinking – To a special meeting aimed simply to educate professionals to what AA is, and what it is not.

**Please RSVP [cpc@ottawaAA.org](mailto:cpc@ottawaAA.org)**

“Our Twelfth step – carrying the message – is the basic service that the A.A. Fellowship gives; this is our principal aim and the main reason for our existence. Therefore, A.A. is more than a set of principles; it is a society for alcoholics in action. We must carry the message, else we ourselves can wither and those who have not been given the truth may die.”

The A.A. Service Manual “A.A.’s Legacy of Service” p. 51

CPC is supported by Ottawa Districts 54, District 58 and District 62

Ottawa <https://ottawaaa.org/about/cpc.php>



## BY THE ARCHIVES COMMITTEE

### Vanier Early Birds - History of the Group

Assumption Church Hall at 317 Cody Avenue in Vanier hosts a quintet of AA groups, the only tenants. One group, Vanier Early Birds (VEB) kicks off each day with a closed discussion meeting at 8 AM. According to some original members and early business meeting minutes, VEB's first meeting was Saturday, March 20, 1993.

VEB has always met in the same basement hall since its inception. The space was rented to Eddy B. sponsored by a non-alcoholic director on the church's Board, Mr. Johnson. He agreed with Eddy's proposal of holding AA meetings at lunchtime in Vanier.

For years, the basement hall had only been used to store old church furniture and fixtures. A large crew of volunteers including John W., Terry B and others completely cleaned out, fixed up and painted to make it safe for meetings. Initially, surplus items were relegated to the smaller back room for several more years. One remarkable leftover used for many early years was a 12 foot long wooden church pew!

In the beginning, there was only lunch and evenings hosted by Vanier Happy Nooners and East End Group. VEB evolved as a spin-off of Happy Nooners because some people began to arrive early to share a coffee before the Nooners. Some even left before the meeting started. Others would rush in just in time to attend the noon meeting.

Eddy B. and others proposed a much earlier meeting. One ad hoc meeting at 10:00 AM gave rise to discussion of possible options, including 5 days a week, or starting at 7 AM. But the 8 AM solution caught on right away, a regular meeting for people like Paul the Postman who had a day job and often had to miss Nooners. Eddy B. himself had work painting and could no longer promise to be there every morning at 10. Serge S. and others doubted that anyone would want to attend that early, but the 8 AM idea prevailed, supported by several members who agreed to show up even earlier to open up, make coffee and set up. That is still the meeting time today.

In those early days VEB held closed discussions based on the book *Daily Reflections*, organized so that the readings for January follow Step 1 and Tradition 1 and so on, a perfect way to work through the literature month by month. The very first meeting of the Vanier Early Birds was attended by Eddy B., Marc P., Paul D., Rick G., Serge S., Newfie Tom F., and Wayne B. – a total of about 12 attended, the main nucleus during that early period.

Bob W. was a mainstay of the daily meeting idea; he unlocked the room and made coffee every day for the first 3 to 4 years, walking about 3 miles from Mann Avenue and Laurier in Sandy Hill. Once known as the "Grumpy old man", he was instrumental

in keeping the 7-days-a-week meeting alive in spite of motions to cut days for lack of attendance. Rick G. was the first birthday cake and medallion arranger and, until his passing in 2012, continued the plastic sobriety chip business begun by Eddy B. Don W. actually funded birthday cakes for a few years thus permitting the group to provide surplus funds to other service levels, and Len B. took over the provision of cakes until 2017.

Around 1997 Jordie C. took his turn at making coffee and became an innovator, introducing coffee in several flavours. The suggestion to keep it simple appeared quite soon thereafter and normal coffee returned.

When Bob W. tired of making coffee, Ken O, Jane O. and others began informally recruiting more to get involved. Ken suggested getting spare keys to help spread out the workload. Today, volunteers agree to take a 1 month at a time commitment for the same day each week for that month. Ken formalized this as an agenda item at each month's business meeting, thus promoting rotation of duties. Some of the first regular coffee makers included Eddy B., Wayne B., Paul C., George C., Ray C., Paul D., Rick B., Ron J., Ken O., Jane O., Jim N., Paul C. and George D.

VEB remains the only meeting in the Eastern area of the Capital to offer a daily meeting so early. In 2004 a motion was made to start meetings at 7 A.M., to enable members to get to work before 9 AM, but that motion was defeated.

VEB owes its success to its unique time slot and the reputation of the venue which offers 21 AA meetings per week. It is one of those rare AA locations in the Capital with no other tenant, so the room has developed an identity with its permanent slogans, bulletin boards belonging to each group, and large print steps and traditions. Newcomers can even follow the Responsibility Declaration by reading along. The room is often almost filled as members of other groups join their AA friends for a program-based discussion before starting their day "out there." VEB's emphasis on Tradition 3 has opened the program to so many over the years who felt they had no other place to go. Greeters at the entrance make sure everyone gets a warm welcome. One memorable greeter for many years was Elmer L.

Today, the meeting is habitually a closed discussion format. In December 1994, a brief trial allowed a regular open speaker meeting the last Friday of every month, but that was abandoned in February 2005. Basic program readings including *How it Works*, 12 Steps and 12 Traditions, are followed by a brief announcement period including circulation of baskets for the 7th Tradition. Then members are free to choose among 4 discussion groups – Daily Reflections, As Bill Sees It, Steps 1, 2 & 3, and Living Sober. Many members still active today claim that the back room "Beginners" Step Discussion based on Steps 1, 2, & 3 in the Twelve Steps and Twelve Traditions has some kind of magic that helps people open up and share about problems of staying sober. The most frequent request is for discussion of Step 1.

Discussion ceases at 8:55, followed by presentation of the chip system to mark sober time for newcomers and returning members. Next a member reads the summary of our text from page 164 of the Big Book. The meeting closes in a circle, hands joined, reciting the Responsibility Declaration (Pledge) followed by the Lord's Prayer.



Early controversy about smoking moved Madelene F., Paul D. and others, to assign smokers to the back room, but that was resolved when the church made the building non-smoking on the advice of their insurance company. That back room is now the Beginners' meeting

Starting in 1998, members celebrating at VEB could pick the date and meeting format. This provided for an open meeting where family members could attend. One surprising move, and to emphasize inclusiveness in the group, VEB invited anyone who could not celebrate elsewhere to celebrate at Cody as if they were a member of Early Birds.

At VEB the Chip System consists of engraved coloured plastic chips with AA slogans on one side and the Group name on the other. There is a white surrender chip "One day at a time", a green 30 day chip "Keep coming back", a burgundy 2 month chip "Remember when", a red 3 month chip "Easy does it", a blue 6 month chip "Think before you drink - Call your sponsor", and a yellow 9 month chip "But for the Grace of God". VEB was one of the first Ottawa area groups to offer a silver Visitor chip "Welcome to Ottawa AA" for anyone from away.

The group arranges for an oval metal medallion to celebrate one year and multiples of five years and the celebrant may choose a slogan to be engraved on it.

The green paint job that endured until 2007 was completed by André, who also helped obtain and install the flooring tiles to cover the bare concrete floor. The storage cupboards formerly under the stairs were constructed circa 2005 by Bob. A new look two tone paint job in 2007 was led by Clifford W. with help from some friends. The change to beige and cream was accomplished by Bob and friends in 2010, and got a refreshing new coat thanks to Troy E. and others in late 2017.

VEB has regular monthly business meetings, last Saturday of the month at 7:00 AM, right before the regular meeting. The group follows GSO suggestion in sharing 7th Tradition surplus with Intergroup, GSO NY, District 54, and Area 83. Officers are elected on the same service timetable as Area 83/District 54. Rotation of officers is encouraged. VEB has consistently provided representatives to Intergroup, the District 54 monthly table, twice yearly Area Assemblies in Kingston, and speakers for various 12th Step commitments at the Ottawa Withdrawal Management Centre (formerly Bruyère Detox), Newgate 180 (Merrickville,) Alwood Treatment facility (Carleton Place) and the Ottawa Carleton Regional Detention Centre, and for many years hosted a month a year the McNabb Sunday meeting for InterGroup.

Vanier Early Birds will celebrate its 25 years of providing recovery meetings on Saturday, March 24, 2018.



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# ALKATHON 2017/18 - GIFTS THAT DON'T FIT UNDER THE CHRISTMAS TREE

**BY KEVIN M.**

It was an honour and a privilege to chair the Alkathon this past year. I would like to thank the Committee who gave so much of their time and each and every volunteer who stepped up and assisted in making this event a success.

On behalf of the entire Alkathon Committee, I would like to thank the many Groups, the Districts, Intergroup, and the individual members for their generous support to ensure the still suffering alcoholic had a safe and sober place to go for Christmas and New Year.

I got involved in service because I saw most of the individuals doing service appeared to be living the kind of life I want. It is difficult for me to translate what this opportunity gave me and I find spirituality doesn't easily translate into words. You have to experience it but I'll do my best to describe my experience.

I used to hear others doing service state that it was a privilege to do service and I didn't fully understand what that meant. I didn't understand why it was a privilege. When representing the Alkathon committee, I introduced myself at Intergroup and District meetings by saying I have the honour and privilege of serving in this capacity, but I didn't know why I was saying that.. I was just what I had heard others doing service say because I believed this is what you were supposed to say. The same held true when I first entered the rooms and would introduce myself as an alcoholic. I didn't understand or accept what this meant but other people were saying this and it was what I believed you were supposed to say.

I have managed people in my work career but service work with volunteers is a completely different kettle of fish. I had to share enthusiasm. I had to learn and accept that my way wasn't always the best way. I had to learn through humility that group conscience would ensure the event would be successful. You have to depend on the goodwill of all volunteers as there is no central authority. The closest we come to a governing body is group conscience. As the event drew near, I recall one of the committee members telling me it's all going to work out. I guess they could sense my worry which I believed I was masking quite well. They were teaching me to rely on AA rather than myself. It tells me I have more work to do on faith and I am grateful I saw this.

Serving in any capacity gives me the opportunity to get outside myself. The best way I know to improve my self-esteem is to do "esteemable" acts. I know "esteemable" is not a word, but as I mentioned, spirituality doesn't translate easily. Depression is usually nipping at my heels at this time of year and I have struggled many a holiday by compounding my suffering with a bad case of ingrown eyeballs.

The satisfaction of serving in this capacity made me focus outward rather than inward, which allowed this holiday to be

memorable. Highlights included sharing an incredible joy with the newcomer with the least amount of sobriety who was presented a big book during the sobriety countdown. It was just before midnight and I was exhausted. He flagged me down in the hallway behind Mac hall and said, "Kevin, I have to show you something". He turned to the stories in the back of the book and one story was signed by the individual the story was about, stating "this is my story". It included the individual's name and phone number. I continue to get goose bumps when I tell this story and it was a pleasure and privilege to share that newcomer's joy and gratitude, especially when he indicated that his higher power had been working a lot in his life recently. It taught me that the shortest road to joy is helping someone else experience it! To witness this person's spiritual experience was a way I relived my first spiritual experience.

Last but not least, was the experience I had after we shut the Alkathon down on Christmas day. It had been a long Christmas Eve and an early rising Christmas day to get back to the Bronson Center. When the event ends, the Hall has to be cleaned. Everything that has been acquired over the course of the year to host this event is packed up and put back in a storage locker on the second floor of the Bronson Center. I am grateful to the many volunteers who assisted in this clean-up. It was about 1:30 Christmas day and I did a final walk-through. I was standing on the stage at Mac Hall, looking out at a glistening floor which a volunteer had freshly mopped. It was a satisfying act, both for the person who mopped the floor, as well as for the other members who helped to clean up. We saw the place left like the hand of AA had been there.

While walking around the Bronson center to the back parking lot, I was overcome with how miraculous everything looked. I'm sure the fresh clean blanket of snow that draped our city played a factor in my perception. Rounding the corner into the back parking lot, I can't put into words the feelings I was overcome with when I saw my truck pictured below. I don't know who did it and its better not knowing. It was the best Christmas gift I have ever received and it doesn't fit under a tree. It sums up my experience of serving in this capacity.

Thanks for the honour and privilege.



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# Thanks Jean!

The Ottawa Area Intergroup Board of Directors would like to thank our outgoing Chair Jean F. for all of her hard work these last 2 years.

To list all of the Intergroup accomplishments of the last two years would take up more space than we have, but we note that the Intergroup office was renovated to make it more functional and appealing, the By-Laws were updated, an independent financial review was done each year, a Conference Guidelines document were prepared to help transition conference chairs and an Office Administrator position was established, to name just a few.

But far more important has been Jean's presence. It was been a pleasure to work with her and her leadership has been a constant source of inspiration. All AA members in the Ottawa area have benefited from the work she has done.

## **Harry B. Acclaimed Vice-Chair**

During the January 2018 Intergroup Meeting, Harry B was acclaimed Vice-Chair for the Ottawa Area Intergroup of Alcoholics Anonymous. Harry brings considerable experience in serving Alcoholics Anonymous in the Ottawa Area. He served as Intergroup Chair in 2007 and was an Eastern-Ontario Fall Conference Committee member in 2013. He was editor of Intergroup's Primary Purpose newsletter in 2014 and 2015 and Chair for the 2017 Fall Conference. Please help us welcome Harry as he steps in to serve a two-year term as Vice-Chair.

## **Intergroup looking for Literature Coordinator**

Ottawa Area Intergroup of Alcoholics Anonymous is looking for a Literature Coordinator to serve for the remainder of the 2018 term, as a Director and Board Member of Intergroup. The responsibilities of the Literature Coordinator as outlined in ARTICLE 13:00 of the Intergroup bylaws, are as follows:

13:01 The Literature Coordinator will assist the Intergroup Chair in managing the intergroup office upkeep and maintenance.

13:02 The Literature Coordinator will train office volunteers on literature order transactions as well as TAS duties.

13:03 The Literature Coordinator will organize a literature table at Ottawa area AA events whenever possible.



*Spring is Coming.  
We Swear.*

**Ottawa Spring Conference**  
Saturday May 12th  
St Anthony's Banquet Hall  
523 St Anthony St